

Post-Graduate Department of Psychology

University of Kashmir

Entrance Test Syllabus for M.A. (Psychology) programme session 2022

Note: The syllabus comprises of 15 Units, each unit carries 4 marks.

UNIT-1: 4 Marks

- i) Psychology as Science
- ii) Origin and Development of Psychology
- iii) Perspectives: Cognitive, Behavioural, Psychoanalytic, Humanistic & Socio-cultural
- iv) Methods: Experimental & Quasi-Experimental

UNIT-2: 4 Marks

- i) Cognitive & Perceptual Processes
- ii) Learning & Memory
- iii) Motivation & Emotion
- iv) Intelligence Theories (Spearman, Gardner & Sternberg)

UNIT-3: 4 Marks

- i) Nature & determinants of Personality
- ii) Theories of Personality
- iii) Approaches towards understanding social behaviour
- iv) Individual level processes: person perception

UNIT-4 : 4 Marks

- i) Attribution Theories (Heider, Jones & Davis and Kelly)
- ii) Attitude: Formation, Change and Resistance to change
- iii) Interpersonal Processes
- iv) Pro-social behaviour & aggression

UNIT-5 : 4 Marks

- i) Group dynamics : key aspects of groups, nature & function of groups
- ii) Cooperation & Conflict
- iii) Communication : Types, Barriers and Processes
- iv) Leadership : nature & theories of leadership

UNIT-6 : 4 Marks

- i) Nature and criteria of abnormality
- ii) Classification system (DSM-V)
- iii) Biological, familial, cultural and behavioural perspectives of Psychological disorders
- iv) Cognitive & Psychodynamic perspective of psychological disorders

UNIT-7 : 4 Marks

- i) Anxiety disorders (separation Anxiety disorder, specific phobia and social phobia)
- ii) Panic Disorder, Obsessive compulsive disorder and body dysmorphic disorder
- iii) Major depressive disorder, bipolar I & II
- iv) Symptoms of schizophrenia

UNIT-8 : 4 Marks

- i) Psychological testing
- ii) Types of psychological tests used in clinical & non-clinical settings
- iii) Treatment of mental disorders: Pharmacotherapy & Electroconvulsive therapy
- iv) Psychoanalytic behavioural & Cognitive therapy

UNIT-9 : 4 Marks

- i) Scales of measurement and graphical representation of data
- ii) Properties of normal probability curve
- iii) Conversion of raw scores to z scores
- iv) Parametric tests & non-parametric tests

UNIT-10 : 4 Marks

- i) Measures of central tendency and dispersion
- ii) Correlation and its types
- iii) Qualitative methods: interview, observation and case study
- iv) Characteristics of a test, Standardization: reliability, validity and norms

UNIT-11 : 4 Marks

- i) Life Span Development: Nature & issues
- ii) Theoretical perspectives
- iii) Methods & Designs
- iv) Physical and cognitive development

UNIT-12 : 4 Marks

- i) Socio-emotional development
- ii) Biomedical and bio-psychosocial models of health
- iii) Stress, Pain, Wellbeing & its components
- iv) Life satisfaction

UNIT-13 : 4 Marks

- i) Health Enhancing behaviours
- ii) Psychological strengths: Hope, Efficacy, Resilience & Optimism
- iii) Role of counselling in self-development, Counselling process
- iv) Approaches & ethical issues in counselling

UNIT-14 : 4 Marks

- i) Skills of a counsellor
- ii) Family & marital counselling
- iii) Career & vocational Counselling
- iv) Theories of Work Motivation

UNIT-15 : 4 Marks

- i) Organizational Psychology : History, Challenges & Opportunity
- ii) Job satisfaction and organizational commitment
- iii) Leadership Styles, Trait & Behavioural theories of leadership
- iv) Organizational Structure